

## CHAPTER 6 DEFINITIONS

Assertive Community Treatment (ACT): A self-contained service with a fixed point of responsibility for providing treatment, rehabilitation and support services for consumers whom other treatment approaches have been unsuccessful by using an integrated service model. The services are provided by a multi-disciplinary team on a twenty-four hours per day seven days per week basis. Further information is located in Section 17.04-4 of the MaineCare regulations.

**Beacon Clinical Advisor:** Beacon Clinical Advisors are independently licensed clinicians contracted by Department of Health and Human Services to conduct service reviews of consumers in Adult Mental Health Services. Clinical Advisors comply with all state and federal regulations, and laws, including all federal and state laws regarding confidentiality of records.

**Clinician:** A professional staff member appropriately licensed or certified in the State in which he or she practices, practicing within the scope of that licensure or certification, which is qualified to deliver treatment under Section 17 regulations. A clinician includes the following: advanced practice registered nurse psychiatric and mental health nurse practitioner; licensed clinical professional counselor (LCPC), licensed clinical professional counselor-conditional (LCPC-Clinical Conditional), licensed clinical social worker (LCSW), licensed master social worker conditional clinical (LMSW-Conditional Clinical); physician; psychiatrist; or psychologist.

**Class Member:** A class member is an individual who was a patient at Augusta Mental Health Institute on or after January 1, 1988.

**Community Integration Services:** Includes the identification, assessment, planning, linking, monitoring and evaluations of services and supports needed by a consumer. These services involve active participation by the member or the guardian as well as the Community Support Worker. The consumer must meet the eligibility criteria noted in Section 17.02 of the MaineCare regulations.

**Community Support Services:** These services are Community Integration, Intensive Community Integration, Intensive Case Management, Assertive Community Treatment, Daily Living Supports, Skills Development, Day Supports, Specialized Groups and Psychiatric Education/Monitoring as defined in the MaineCare Manual, Chapter II, Section 17. Community Support Services vary in intensity and are provided in the community based on assessed level of need.

**Community Support Worker (CSW)**: A Community Support Worker is an individual who performs case management functions in any of the four levels of case management included in Community Support Services.



**Diagnostic Assessment:** The Diagnostic Assessment, performed by an independently licensed clinician, is required to enroll the consumer in the Adult Mental Health Program for Community Support and Residential (PMNI) Services prior to the initiation of Community Support Services, and is reviewed at least once annually. The assessment tool(s) to be used is determined by the evaluating clinician, but must result in a five Axes DSM-IV-TR diagnosis.

**Diagnostic Statistical Manual – IV – TR:** The <u>DSM-IV-TR</u> is used to offer guidelines in making clinical diagnoses and provide descriptive diagnostic categories for various mental disorders. The <u>DSM-IV-TR</u> uses a multi-axial system to classify clinical disorders, general medical disorders, psychosocial and environmental problems and the Global Assessment of Functioning.

**Enrollment:** Enrollment is the point at which providers submit data to Department of Health and Human Services Office of Adult Mental Health Services on a consumer who is receiving or being referred for Community Support or Residential (PNMI) Services following a Diagnostic Assessment.

**Enrollment Form:** This form captures enrollment information for consumers in Community Support and/or Residential (PMNI) Services.

**Global Assessment of Functioning (GAF):** A 100 point rating scale used by clinicians and psychiatrist to determine the consumers level of functioning, both current and within the past year, and to track the consumers clinical progress.

Intensive Community Integration Services (ICI): ICI services are similar to ACT services but are not provided on twenty-four hours per day, seven days per week basis but are provided by an interdisciplinary team. All team members are expected to work with a consumer. Further information can be located in Section 17 .04-3 of the MaineCare regulations.

*Individual Support Plan (ISP):* Individualized Support Planning is the process by which the consumer selects and receives supports and services that he or she needs to reach self-determined goals. The consumer and the CSW develop the goals and objectives which hold the consumer and the provider accountable for certain actions as outlined in the goals and objectives. The ISP must be reviewed every 90 days with the consumer by the CSW.

Level of Care Utilization System (LOCUS: The Level of Care Utilization System (LOCUS), developed by the American Association of Community Psychiatrists (AACP), is a tool to provide mental health clinicians and service providers with a systematic approach to the assessment and determination of the mental health and substance abuse service and support needs of adults with serious mental health challenges. The LOCUS tool contains two primary components: 1) a clinical assessment that is based on a dimensional rating system; and 2) a structured decision framework that is used by the clinician to arrive at a recommended level of care or resource intensity to best meet the consumer's needs prior to the initiation of Community Support and Residential Services.



**Private Non-Medical Institution (PNMI)**: Private Non Medical Institutions are defined as follows:

1601 Residential Treatment: This service includes providing or arranging for comprehensive treatment to include psychiatric and other specialized services, training and support (including housekeeping/home maintenance and meal planning/preparation); transportation; interpersonal relationships, self advocacy and assertiveness training; health maintenance and safety practices; financial, personal and legal affairs management, contingency planning and decision making; basic academic, work and recreational skills; and utilization of community services and resources. Services are provided by specific levels of credentialed staff. Service is typically provided in a group home living arrangement.

1602 Community Residential: This service includes providing or arranging a supervised living arrangement for comprehensive treatment, training, and support, including housekeeping/home maintenance and meal planning/preparation; transportation; interpersonal relationships, self advocacy and assertiveness training; health maintenance and safety practices; financial, personal and legal affairs management, contingency planning and decision making; basic academic, work and recreational skills; and utilization of community services and resources.

**1603 Supported Housing:** This service involves a supported living arrangement with support provided in limited amounts, duration or period of availability.

1604 Other Residential Services and Supports: This service category provides funding for other residential services and supports not covered by PNMI as specified by the Department. These services include funding for individuals in special circumstances who need housing assistance and support, housing services coordination by a provider, and housing related consumer needs approved by the Department.

**Service Review:** Service Review is a telephonic dialogue or case review process which occurs between Providers and Clinical Advisors in order to collect consumer clinical data as well as ensuring the clinical service delivery is the appropriate level of care to assist the consumer in meeting his or her treatment goals.